

A Transformational Coaching Manifesto

Slight adaptation from Elena Aguilar

1. Everything is connected.

Everything is connected in time and space. Every action has a reaction and influences other pieces of the whole. You can never do just one thing.

2. Meet people where they are.

Seek to understand why your client is where he is. We must begin with empathy and compassion to affect real change.

3. There is no coaching without trust.

It takes time to build and shouldn't be taken for granted

4. Words create worlds.

Be mindful of every word that comes out of your mouth. Listen. Listen. Listen harder.

5. Be here now.

Be fully present. Clients sense the quality of the attention you give.

6. Transformation takes time.

Working from a place of impatience and urgency will not result in a transformed system.

7. Justice, justice, justice shalt thou pursue.

Our work is driven by the pursuit of justice.

8. The journey is the destination.

Don't get trapped in the end justifies the means. Every action on the journey to transformation must be infused with kindness, fairness, and compassion.

9. Be unattached to the outcome.

Avoid getting attached to a possible outcome. Stay focused on the client; otherwise our ego gets involved.

10. We can transform our educational system.

"With our lives we make our answers all the time, to this ravenous, beautiful, mutilated, gorgeous world." Rev Victoria Safford

Mind the Gap

Elena Aguilar

